

12:00 - last orders 21:45

Please place your food orders at the Lounge/Bar counter quoting your table number.

Chef's Special Menu

Please view our Chef's selection of weekly specials on a separate menu.

Starters

£3.75 each or 4 for £12.75

Basket of freshly baked bread
with unsalted butter

Marinated olives **V**

Homemade pork crackling with apple sauce

Halloumi fritters, sweet chilli dip **V**

Hummus and pitta **V**

Olives and hummus with pitta **V** £5.50

Middle Eastern mezze platter **GF*V** £12.95

Marinated feta, hummus, tzatziki, harissa roasted peppers, falafel, olives and pitta

Salads

Caesar salad **GF*V** £6.60/9.70
Parmesan, garlic croûtons, with or without anchovies

Warm chicken Caesar salad **GF*** £7.30/12.45
Parmesan, garlic croûtons, with or without anchovies

Salad bar £4.75/6.55
A choice of simple salads are available from the salad bar. You can choose additional toppings from the Deli Grab & Go fridge located at the counter.

Meat or fish £2.90

Roast vegetables and cheese £2.35

Egg £2.35

Lite Bites

Between 12:00 - 15:00 only

Sirloin steak sandwich £9.45

Crispy shallots, onion chutney, watercress and Dijon mustard

Grilled chicken focaccia £9.75

Smashed avocado, roasted red pepper, rocket, sunblush tomato and basil dressing

Vegan bun **V** £9.25

Aubergine and harrisa patty, lettuce, red onion, tomato and vegan mayonnaise served in an ancient grain bun

Fish finger wrap £9.75

Lightly breaded cod goujons with cos lettuce and tartare sauce in a multigrain wrap

Vegetable rainbow wrap **V** £9.25

Beetroot hummus, artichoke, avocado, carrot, peppers and rocket leaves in a grain wrap

Additional wrap toppings: (all at £1.00)

Bacon/cheese/guacamole/any pizza toppings*

Small bowl of chips £1.80

Small bowl of sweet potato chips £2.25

Jacket potato £6.50

Served with a choice of one filling and a seasonal salad

Additional jacket fillings £1.85

Tuna, bolognese, cheese, baked beans or avocado

Weekend Brunch

Between 08:30 - 12:00

Hot Cumberland sausage or bacon roll £6.50

Scrambled egg on warm English muffin £6.10

Power Food Salads

All at £12.25

Super green noodle **V**

Vermicelli noodles, pakchoi, broccoli, spinach, beansprouts with spiced coconut sauce

Avocado and black rice salad **V**

Avocado with nigella seeds, quinoa, soya beans, baby kale, chilli, topped with coconut dressing and tortilla crisp

Moroccan squash salad **V**

Roasted butternut squash, spiced quinoa, chickpeas, sugar snap peas, pomegranate with a coconut and turmeric dressing

Superfood salad **V**

Avocado, fennel, quinoa, tomatoes, broccoli, squash, cashew nut, seeds and lemon mustard dressing

Add feta £2.75

Add chicken/salmon/king prawns £3.85

From the Stove & Grill

Chilli and garlic prawns **GF*** £8.20/15.75
Spring salad, spring onions and coriander shoots

Sussex free-range egg omelette **V** £12.75

Choice of any two fillings: smoked salmon, honey roast ham, mature cheddar, tomato, served with chips and salad

Club sandwich £12.75

Chicken, bacon, free-range egg, lettuce and tomato

Parmesan linguine £13.50

with a pesto cream sauce **V**

Add king prawns to your linguine £3.00

Dingley Dell pork sausage £12.25

Creamed potatoes, wild mushroom, bacon and red wine sauce

Sustainable fish fried in batter ***** £13.10

Chips, minted peas and tartare sauce

The Lensbury fish pie £14.50

Salmon, smoked haddock, cod and cheesy mash

Peri glazed half chicken £14.85

Grilled chicken with petit salad and chips (please allow 25 min)

Steaks

Our chargrilled steaks are naturally reared on some of the finest farms in Britain, matured on the bone to give a full, distinctive and succulent flavour

Sirloin steak (10oz) £25.25

Extra matured British beef steak at least 32 day aged

Steaks are served with chips, fine watercress, mushroom and tomato

A choice of:

Peppercorn sauce

Classic beef sauce, green peppercorn, wine, cream sauce

or

Lensbury special sauce

Classic beef sauce, mustard and selection of mild spices and herbs

For Our Young Diners

Main Course £5.75

Grilled chicken strips 125gm or Scottish salmon

Served with your choice of:

Salad of lettuce, carrot, cucumber and cherry tomato or rice and steamed vegetables or chips and peas

Penne pasta with tomato or Bolognese sauce **GF***

Sausage and mash

Mini fish and chips with peas *****

4oz British beef burger and chips

6" Margherita - mozzarella, tomato sauce, extra virgin olive oil. Choice of ham or pepperoni

Bowl of baked beans (175gms) £1.85

Desserts

Two scoops of homemade ice cream

(vanilla/strawberry/chocolate) £2.75

Chocolate brownie and vanilla ice cream

Burgers

All burgers are cooked well done.

The Lensbury Burger: 8oz British beef **GF** £11.20
burger or jerk chicken breast burger

Brioche bun with lettuce, tomato, red onion, chips and mayonnaise

Add: mature cheddar and/or bacon £1.00

Or upgrade to sweet potato chips £1.00

Pizzas

From our Pizza Stone

Margherita **GF V** £9.95

Tomato sauce, mozzarella and extra virgin olive oil

Pepperoni **GF** £10.45

Classic tomato sauce with mozzarella and pepperoni

The Lensbury Pizza £13.90

Roast chicken, crispy bacon, ham, pepperoni, jalapeno peppers, mozzarella, classic tomato sauce, kalamatta olives and rocket

*Extra toppings: £1.00

Prosciutto, bbq chicken, crispy bacon, torn ham, olives, roasted red peppers, red onions, rocket, mushrooms, pepperoni, jalapeno peppers, pesto dressing, pineapple and sweetcorn

Bar Snack Menu

Between 15:00 - 21:45

1 for £6.75 - 2 for £12.05 - 3 for £17.55

Vegetable samosas, tamarind sauce **V**

Spring rolls, garlic soy dipping sauce **V**

Crisp fried squid rings, harissa mayonnaise

Chicken wings, chipotle glaze

Lamb seekh kebabs, mint raita

Tempura fried prawns, sweet chilli sauce

Side Orders

Chips **V** £3.25

Garlic bread with/without mozzarella **V** £3.30

Steamed tenderstem broccoli in olive oil **V** £3.75

Green salad **V** £2.85

Steamed heritage carrot wedges in olive oil **V** £3.75

Onion rings **V** £3.55

Creamed potato **V** £3.25

Mixed leaf salad with mustard dressing **V** £3.85

Steamed peas **V** £2.70

Sweet potato chips **V** £4.15

Desserts

Warm chocolate brownie £6.75

Chocolate crumble, salted caramel ice cream

Knickerbocker glory £6.95

berry ripple ice cream, meringue and caramelised almonds

Chef's ice cream selection £6.85

a tasting of three scoops topped with crunchy almonds and chocolate sauce (Please ask your server for today's flavours)

Seasonal cheese £8.75

served with crackers, grapes and homemade chutney

Drinks

Available to drink in or take away

Espresso £1.60/2.10

Americano £1.80/2.20

Cappuccino £2.15/2.45

Latte £2.55

Latte with flavoured shot £2.80

Mocha £2.80

Hot chocolate £2.80

Babyccino £0.70

The Lensbury pyramid teas cup £1.30 / pot £1.95

GF Dairy Free available Please ask your server.

***** Gluten Free available Please ask your server.

V Vegetarian

An allergen guide is available, for this menu, please ask your server for details. Where possible an alternative may be provided for food intolerances. Seasonal food may be substituted when not available.

Wine List

White Wines

	Bottle	175ml	250ml
101. Australia ~ Chardonnay Berri Estates (House White). ABV-12.5% Citrusy, fresh and unoaked with a crisp finish.	£19.50	£4.90	£6.55
102. Chile ~ Sauvignon Blanc Luis Felipe Edwards. ABV-12.5% Zingy, fresh and a touch of lime sorbet, melon and passion fruit.	£21.50	£5.40	£7.20
103. Italy ~ Pinot Grigio ~ Solstice. ABV-11.5% Fresh, crisp with subtle notes of citrus and pear fruit.	£22.25	£5.60	£7.45
104. South Africa ~ Chenin Blanc ~ Kleine Zalze Stellenbosch. ABV-13% Soft and creamy with a delicious vanilla sweetness.	£23.50	£5.90	£7.85
105. France ~ Viognier ~ La Campagne. ABV-13% Classic peachy-apricot flavour.	£24.75	£6.25	£8.30
106. France ~ Picpoul de Pinet ~ Petite Ronde. ABV-12.5% Unoaked with a citrusy and stone fruit character highlighted with floral notes.	£25.75	£6.50	£8.65
107. New Zealand ~ Sauvignon Blanc ~ Vidal Marlborough. ABV-13% Classic gooseberry and passion fruit aromas mingled with a crisp flavour.	£30.95	£7.75	£10.35

Rosé Wines

	Bottle	175ml	250ml
301. Italy ~ Pinot Grigio Blush Parini (House Rosé). ABV-11.5% Soft, coppery-pink colour, delicate and fruity bouquet, soft and fresh on the palate.	£21.75	£5.45	£7.30
302. France ~ Cinsault ~ Vieilles Vignes Rosé Rare Vineyards. ABV-12% A deliciously dry, fruity rosé made with 100% Cinsault grape.	£25.25	£6.35	£8.50

Red Wines

	Bottle	175ml	250ml
201. Australia ~ Shiraz Berri Estates (House Red). ABV-13.5% Full bodied with rich berry fruit and a pinch of pepper spice.	£19.50	£4.90	£6.55
202. Chile ~ Merlot ~ Altoritas. ABV-13% Soft, light and fruity with plum aromas and a hint of spice.	£21.50	£5.40	£7.20
203. Italy ~ Montepulciano d'Abruzzo ~ Parini. ABV-12.5% Dry and soft with a finish of dried fruits and toasted hazelnut.	£22.50	£5.65	£7.55
204. France ~ Cabernet Sauvignon ~ Granfort. ABV-13% Typical blackcurrant fruit flavours.	£24.25	£6.10	£8.15
205. Argentina ~ Malbec ~ Calia. ABV-13.5% Enticing aromas of cherry, plum with a background of warming spice.	£24.75	£6.25	£8.30
206. South Africa ~ Pinotage ~ Kleine Zalze Stellenbosch. ABV-14% A deep, fruity nose and rich berry flavours with hints of prune.	£25.50	£6.40	£8.55
207. Spain ~ Rioja ~ Marques de Morano. ABV-13% A lighter style with an abundance of juicy ripe berries.	£27.50	£6.90	£9.20

Sparkling Wines

	Bottle
410. Italy ~ Prosecco ~ Galanti. ABV-10.5% Fine, persistent, soft fizz with a fruit spectrum of apples and pears with a hint of peach.	£28.50
Italy ~ Prosecco ~ Bottega Gold 20cl. ABV-11% Tasty, harmonious, elegant and fresh.	£8.30

Champagne

	Bottle
412. France ~ Champagne de Castelanne NV. ABV-12% Hints of vanilla, white fruits and gingerbread.	£46.00
413. France ~ Lanson ~ Black Label NV. ABV-13.5% Apple and floral aromas, ripe citrus fruit flavours and a refreshing finish.	£56.50

VI/04/2019

ABV = Alcohol by Volume.

All wines subject to supplier availability. Where applicable, a suitable alternative may be offered.



THE LENSBUURY

Lounge Menu