REFORM



Reformer Pilates Class Schedule

	Monday	
Reformer Pilates	Felicity	7.45am – 8.30am
Reformer Pilates (Beginner)	Felicity	8.45am –9.30am
Reformer Pilates (Beginner)	Gill	7.00pm – 7.45pm
	Tuesday	
Reformer Pilates (Beginner)	Vicky	7.45am – 8.30am
Reformer Pilates	Vicky	8.45am – 9.30am
Reformer Pilates (Beginner)	Vicky	9.45am – 10.30am
Reformer Pilates (Beginner)	Vicky	12.00pm – 12.45pm
	Wednesday	
Reformer Pilates	Vicky	12.00pm – 12.45pm
Reformer Pilates (Beginner)	Vicky	1.00pm – 1.45pm
Reformer Pilates	Emily	3.00pm – 3.45pm
Reformer Pilates (Beginner)	Gill	5.45pm – 6.30pm
Reformer Pilates (Beginner)	Gill	8.00pm – 8.45pm
	Thursday	
Reformer Pilates	Kate G	7.45am – 8.30am
	Friday	
Reformer Pilates (Beginner)	Felicity	7.45am – 8.30am
Reformer Pilates	Gill	12.00pm – 12.45pm
	Sunday	
Reformer Pilates (Beginner)	Felicity	10.00am – 10.45am
Reformer Pilates	Felicity	11.00am – 11.45am
V W W A	Book your place via The Lensbury Club App	

New to reformer? Get started with your expert introductory 1-2-1 session to help you get the most from our group classes - **£65** for your first session (*£85 thereafter*)

Book at Members Reception

020 8614 6420