

Get into the swing of things this Autumn

Adult Tennis Coaching



THE LENSURY

Join us for our autumn tennis coaching programme. From September 4th, we begin 14 weeks of autumn training which you can join at any time.

Level 1 Sessions (Beginner)

Thursday 18.30-19.30

Sunday 13.30-14.30

Level 2 Sessions (Beginner/Improver)

Tuesday 10.30-11.30

11.30-12.30

Thursday 09.30-10.30

19.30-20.30

Sunday 12.30-13.30

Level 3 Sessions (Lower Intermediate)

Monday 09.00-10.00

Wednesday 19.30-20.30

Thursday 09.30-10.30

Friday 14.00-15.00

Sunday 09.15-10.15

Level 4 Sessions (Higher Intermediate)

Tuesday 09.30-10.30

Wednesday 18.30-19.30

Thursday 10.30-11.30

Level 5 Sessions (Advanced)

Tuesday 09.30-10.30

Thursday 09.30-10.30

10.30-11.30

Level 6 Session (Advanced Club Teams)

Wednesday 20.30-21.30

If you're interested in joining the programme at any stage, please contact tennis.manager@lensbury.com or call 020 8614 6412