



October Tennis Camps

Monday 27th to Friday 31st October

Session	Timings	Week Price (5 days)	Day Price
Red Ball (5-7yrs)*	9.30-12.30	Member - £148.50 Non-Member - £170.80	Member - £33 Non-Member - £37.95
Orange/Green Ball (8-10yrs)	9.30-14.30	Member - £247.50 Non-Member - £284.60	Member - £55 Non-Member - £63.25
Yellow Ball (11yrs+)	9.30-14.30	Member - £247.50 Non-Member - £284.60	Member - £55 Non-Member - £63.25
Performance (invitational only)	9.30-14.30	Member - £247.50 Non-Member - £284.60	Member - £55 Non-Member - £63.25

Book a full
week and
receive a
discount!

Full Day Option for Red Ball Players

Join the Junior Camp from **12:30pm-5pm**, priced **£25** for members, and **£30** for non-members.



Adam on **020 8614 6412** or
Cathy on **020 8614 6432**



tennis.manager@lensbury.com



Tennis Camps Info

Junior tennis camps are a super fun and relaxed environment for juniors to have fun with their friends whilst improving their tennis skills during the school holidays. Fun games are used to aid players improve their skills in all areas of the game and throughout the week, all of the following will be practiced:

FOREHANDS | BACKHANDS | SERVES | VOLLEYS | SMASHES | DROP SHOTS | TACTICS | GAMESTYLES | MATCHPLAY

CAMPS AVAILABLE

Red Camp (5-7yr olds) – 9.30am-12.30pm

Played on mini courts to make it appropriate for kids' size and strength, and played with mini red balls. These are bigger and softer to help development. Emphasis on having fun while learning the basics of the game and developing hand eye coordination.

Orange/Green Camp (8-10yr olds) – 9.30am-2.30pm

Played on a $\frac{3}{4}$ size or full court with a mixture of orange and green balls. These are the same size as normal tennis balls but much softer so players find it easier to control. Fun games incorporated to help players learn and improve with the aim of developing skills and tactics.

Yellow Camp (11+yrs) – 9.30am-2.30pm

Played on a full court with normal tennis balls. Players develop their game and tactics through various different drills and games, culminating in matchplay.

Invitational Camp – 9.30am-2.30pm

Aimed at performance players who are regularly competing. Lots of tactical point play and structured points.

Red camp will have a break so kids should have drinks and a snack with them. Orange/green/yellow camp will have a break and a lunch break, so kids will need a full pack lunch with drinks. Water fountains are available to fill up their bottles. Rackets also available if players don't have their own. Please bring a waterproof in case of bad weather.